**SUPER SIZE ME**

Although the film lasts 90 minutes we’ll watch only several sequences and we’ll discuss about each part. You can propose some comprehension questions to force them to sum up what they have watched and to say their own opinions. You can also explain some new words for them and make a list o vocabulary on the board; they will copy it on their notebooks.

1. From the beginning to minute 5: introduction.
   1. How often do American people eat fast food? Is it the same in Spain? How often do you eat out? What about fast food at home?
   2. Are they synonyms? Fat, overweight, obese, chubby (rellenito).
   3. Explain the experiment: A man eating at McDonalds for a month. At the beginning some doctors examined the patient who was very healthy. These are the rules during the experiment: 1)Can only Super Size when asked, 2)Can only eat food from McDonald’s, 3)Has to eat everything on the menus at least once. 4)Must eat three meals a day.
2. From 14’ to 24’18. Day number 1.
   1. Summary of the part related to suing McDonald’s. (Script in English is difficult).
   2. How do they get children into McDonald’s? (Playground, gifts, birthday parties, happy meal, toys, the clown)
   3. What happen when he ate super size hamburguer? List consequences.
3. From 35’58 to 42. Day 5, 6, 7 and 9.
   1. Results of the first medical checkup. Weight from 84 kg to 88 kg. Diet: 5000 kilocalories instead of 2500 kilocalories.
   2. Some people are very fond of fast food and they haven’t overweight. Are they healthy?
   3. How do they make chicken nuggets?
   4. How does he feel? (Pressure in his chest, depressed, he feels bad until he eats again)
   5. Compare processed food and home cook.
4. From 44’20 to 47’20: advertising.
5. From 88’20 to 91’20: Day 30 (last meal) and final checkup (stop the film showing the picture summarizing all the damages: weight gain, mood swings, depressed and exhausted, increasing twice heart disease, fat liver, cholesterol…).

Homework: a summary of the film including as many ideas as possible.